



zenses
catering

A ZENSUAL EXPERIENCE

zenses ceremonies

Zenses plants a seed of consciousness that grows into a more sustainable and joyful lifestyle.

We nurture you: physically, spiritually and intellectually through your senses. We do it with awareness of the Now.

Zenses is ceremonial and interactive. It can encompass a dinner, a cocktail, a breakfast or an event tailored to you and your needs.

We bring you into contact with a deeper sense of yourself. Eating while stimulating the senses - experiencing food from another dimension. We share the alchemy of food and the art of feeling. Zenses combines the enjoyment of the senses with an awareness that nourishes body and soul.

Our mission is simple: to open hearts and minds by sharing the art of living consciously.

**Make Zenses part of your experience
in the way that fits best for you.**

zenses Dinner

A sophisticated dining ceremony based on the principles of the gourmet medicinal kitchen. Blending concepts of Raw, Macrobiotic and Ayurvedic Food.

The 3 hour signature Zenses Journey is a 6-course dinner with interactive performances around each course.

Prepare for dinner with the experience of eclectic rituals: the Welcome Circle, the Washing Ceremony and the Holy Smoke.

Continue with signature Zensorial Journey through the 6 elements: metal, water, earth, fire, wood and ether.

The night evolves progressively from a Zen meditative state to a more sensual, exciting and interactive finale.

Join us for an amazing dinner unlike anything you can experience in Ibiza.



ZENSES DINNER INCLUDES:

3 Zenses Maestras, Geishas according to amount of pax, Zensorial Journey, 6 courses dinner menu, Zenses organic wines, 6 Elements performances, Live music, V ideo art projections, Set up

Duration 3hs.

| | | |
|------------------|-------------|-----------|
| Zenses Yurt | 2 -15 pax | 300 pax ♂ |
| Zenses Yurt | 15 - 30 pax | 250 pax ♂ |
| Zenses Yurt | 30 - 50 pax | 200 pax ♂ |
| Private location | 2 - 15 pax | 350 pax ♂ |
| Private location | 15 - 30 pax | 300 pax ♂ |
| Private location | 30 - 50 pax | 250 pax ♂ |
| Private location | < 50 pax | 200 pax ♂ |

zenses Sunset

Taste the true spirit of Ibiza with this unforgettable ceremony during the golden hours of sunset.

Your senses are prepared to be fully opened through our eclectic rituals: the Welcome Circle, the Washing Ceremony and the Holy Smoke. We perform this in a light, elegant and exquisite way.

Zenses Maestras lead you to our signature Zensorial Journey, a blindfolded experience designed to tantalise all the senses. This journey along the 6 elements; wood, metal, water, fire, earth & ether, excites and deepens your visionary, aromatic, sonic, tactile, taste perceptions.

Design the ultimate moment of the day with us!



ZENSES SUNSET EXPERIENCE INCLUDES:

3 Zenses Maestras, Geishas according to amount of pax, Signature Zensorial Journey, Welcome elixir, Blessed energized water, Dance performances, Live music, Set up

Duration 2hs.

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| Zenses Yurt | 2 - 15 pax | 170 pax α |
| Zenses Yurt | 15 - 30 pax | 150 pax α |
| Private location | 2 - 15 pax | 190 pax α |
| Private location | 15 - 30 pax | 170 pax α |

zenses Catering

Make an impression offering a special dinner at your Villa. Give your friends an experience of Zensuality and vivid, living food together with an artistic vegetarian vegan buffet. Share with them the art of health, deliciously and with style.

We create the ambiance for you to be delighted.

For dessert we come together you, your guests and Zenses - to create an interactive master piece, to be eaten only after you complete it with your signature.

Connecting people is our main dish.



ZENSES CATERING INCLUDES:

Zenses Chef, Zenses Maestras, Geishas according to amount of pax, Artistic vegetarian-vegan buffet, Signature Canvas dessert or Signature Naked dessert, Zenses cutlery, Set up

Duration 2hs.

Available only at your Private Villa

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|-------|--------------|----------|
| Group | 2 -30 pax | 80 pax ☐ |
| Group | 30 -60 pax | 75 pax ☐ |
| Group | 60 -90 pax | 70 pax ☐ |
| Group | 90 -120 pax | 65 pax ☐ |
| Group | 120 -150 pax | 60 pax ☐ |
| Group | 150 -180 pax | 55 pax ☐ |
| Group | 180 -210 pax | 50 pax ☐ |

Zenses Breakfast Brunch

Invigorate your senses to embrace the day. Wake-up with the best selection of Zenses activities and organic products.

You will be served Zenses smoothies with fresh superfoods and super herbs among other delicious treats.

We guide activities including: Awakening the body gently, a Zensorial Meditation, The Longevity path, and experiencing the Connection with Nature.

Guided and balanced for you.

**Exclusive to your Private Villa.
We come to you, so you can simply
wake-up and gather your energy
anytime of day.**



ZENSES BREAKFAST INCLUDES:

2-3 Zenses Maestras
Geisha according to amount of pax
Breakfast menu
Activities: Bodywork & Sensory Awareness
Live music, Set up

Duration 2hs.

Prices vary according to the quantity of guests:

| | | |
|-------|-------------|-----------|
| Group | 2 - 15 pax | 150 pax ♂ |
| Group | 5 - 30 pax | 130 pax ♂ |
| Group | 30 - 50 pax | 110 pax ♂ |
| Group | < 50 pax | 85 pax ♂ |

Zenses on Board

Exquisite service for a stylish journey on your yacht with a special emphasis on healthy lifestyles. The Zenses team is specially prepared for boarding with the most delicate, sensual and elegant crew for your adventure on board.

Breakfast/Brunch on Board offers a exotic selection of living foods and energetic superdrinks. We share health knowledge and wellness service like body awareness, sensorial meditation and massage.

Dinner on Board, a sensual hedonist experience... a tango with the sea breeze. We transform your boat into a magic spaceship guided by the Zenses Maestras and Geishas.

Cocktail on Board, toast your evening with a sparkling, indulging tastes of the true spirit of sunset.

Choose your exclusive experience today!



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| Private group on board | 2 - 15 pax | 375 pax α |
| Private group on board | 15 - 30 pax | 355 pax α |
| Private group on board | 30 - 50 pax | 335 pax α |
| Private group on board | < 50 pax | 310 pax α |

zenses Cocktail

A natural uplifting way to party with delicious tapas and canapes beautifully presented with playful, elegant flourishes.

A sparkling hour where our Geishas feed you, each in her own surprising manner; and inspire you to interact with each other. We serve Zenses organic wine, Zenses champagne and elixirs.

Invite your friends to an invigorating night!



ZENSES COCKTAIL INCLUDES:

3 Zenses Maestras, Geisha according to amount of pax
Artistic serving, Zenses organic wine, Menu of tapas and canapés, Live music, Visual art projections, Set up

Additional wines and spirits available upon request on a separate budget.

Duration 2hs.

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|------------------|-------------|-----------|
| Zenses Yurt | 15 - 30 pax | 110 pax ☐ |
| Zenses Yurt | 30 - 50 pax | 95 pax ☐ |
| Private location | 2 - 15 pax | 350 pax ☐ |
| Private location | 15 - 30 pax | 300 pax ☐ |
| Private location | 30 - 50 pax | 250 pax ☐ |
| Private location | < 50 pax | 165 pax ☐ |

zenses Secret

Deliciously elegant and provocative.

Zenses Secret is an experience to loose track of time and submerge into an erotic journey where your senses are teased to the limit....that space you can't reach.

If you want to be in heaven ... take the short cut with us!



ZENSES SECRET INCLUDES:

3 Zenses Maestras, Geishas according to amount of pax, Signature Zensorial Journey, Supreme cocktails and elixirs, Naked dessert show, Zensual dance performances, Live music, Video Art projections, Set up

Duration 2hs.

Available only at your Private Villa:

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| Group | 2 - 15 pax | 350 pax α |
| Group | 15 - 30 pax | 300 pax α |

zenses Wedding

The most unique way to celebrate with your loved ones before or after your wedding.

It is a union of souls in an eclectic journey accompanied by special surprises.

Marriage rituals inspired and guided by the power of the elements.

Indulge your family and friends, choose to celebrate your dream with us.



ZENSES MULTI-ZENSORY DAY INCLUDES:

3 Zenses Maestras, Geishas according to amount of pax, Eclectic union rituals and performances, Zenses champagne, Chocolate and sweets treats from around the world, Zensorial Journey, Live music, Video art projections, Set up

Duration 3hs.

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|------------------------|-------------|-----------|
| Zenses Yurt group | 2 -15 pax | 350 pax ♂ |
| Zenses Yurt group | 15 - 30 pax | 300 pax ♂ |
| Zenses Yurt group | 30 - 50 pax | 240 pax ♂ |
| Private location group | 2 - 15 pax | 390 pax ♂ |
| Private location group | 15 - 30 pax | 340 pax ♂ |
| Private location group | 30 - 50 pax | 290 pax ♂ |
| Private location group | < 50 pax | 210 pax ♂ |

zenses

Multi-sensory day

A holistic zensorial day retreat focused on the well-being of your body, mind and soul. Reconnect with yourself and the wisdom of mother nature following a simple routine to detox your body, mind and emotions. Eco-cuisine, nutrition, body work and zensorial awareness activities recharge your cells.

The 4 hour ceremonial experience is designed to explore, based on the 6 elements as a dance with the senses. Allows you to explore mindfulness in a playful, focused and nutritious way.

Boost your energy and take a step towards a more healthful and conscious lifestyle.



ZENSES MULTI-ZENSORY DAY INCLUDES:

3 Zenses Maestras, Geishas according to amount of pax, Zensorial Journey, Organic treats and elixirs, Tea ceremony, Zensorial Meditation, Bodywork and Zensory Awareness activities, Live music, Set up

Duration 4hs.

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|--------|------------|-----------|
| Groups | 1 - 15 pax | 250 pax ☐ |
| Groups | 30 on pax | 215 pax ☐ |

Zensorial Workshops

Zensorial Consciousness in nature
Conscious Eating/ living food
Zensual Dance
The Goddess in every woman
The God in every man

For dynamic personal growth, develop new qualities in you. Explore the creative art of eco-cuisine, nutrition, body work, zensorial tantric awareness, dance and movement.

**Tailor-make a workshop for your group
with Zenses.**



Duration 3hs.

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|---|------------|-------|
| Groups | 1 - 15 pax | 110 € |
| Groups | 30 pax | 100 € |
| Individual lifestyle coach session (2hs.) | | 300 € |

zenses Location

Zenses hand carved wooden yurt provides an ancient and intimate atmosphere.

Let us take you back in time to a nomadic lifestyle in our authentic Mongolian Yurt!



zenses

THE ART OF LIVING CONCIOUSLY

Zenses ceremonies take place in our exclusive Zenses Yurt or at your private Villa or Yacht. Available only selected weeks during summer 2011, Ibiza-Spain.

50% must be advanced upon booking confirmation.
50% due before the event starts.

Any special requirements can be delivered on a separate budget.



Contact:
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www.zenses.es